

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well. I am writing to sincerely apologize for my actions that led to the recent incident. It has taken me some time to reflect on my behavior, and I realize the impact it has had on you and your [business/property/life].

I want to express my deepest remorse for my actions that may have caused you distress or disappointment. I am aware that my behavior was not only inappropriate but also harmful, and for that, I am truly sorry.

Understanding that I struggle with kleptomania, I am actively seeking professional help to address these issues and to prevent similar situations from occurring in the future.

I assure you that I take this matter very seriously, and I am committed to making amends. If possible, I would like to discuss how I can rectify the situation and regain your trust. Please know that the last thing I wanted was to hurt you or those around me.

Thank you for your understanding and patience during this time. I hope to hear from you soon.

Sincerely,
[Your Name]