[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear [Recipient's Name],

I hope this letter finds you smiling and full of energy! I want to talk to you about something special: believing in yourself.

You are capable of amazing things. Just like every superhero has their own unique powers, you have your own talents and dreams. Remember when you [insert a specific achievement or positive experience]? That was incredible! It shows that you can do whatever you set your mind to. Sometimes, challenges might seem big or scary, but don't forget that every challenge is an opportunity to learn and grow. When you face a problem, think of it as a puzzle to solve. Take a deep breath and give it your best shot.

Always be curious, ask questions, and never be afraid to try new things. Whether it's painting, sports, or learning a new skill, each step you take brings you closer to your dreams.

Believe in yourself, because I believe in you! You have the strength and creativity to light up the world. Keep shining brightly, and remember, every day is a new chance to do something great.

With lots of encouragement,

[Your Name]