[Your Name]
[Your Address]
[City, State, Zip Code]
[Date]
Dear Mom and Dad,

I hope this letter finds you both well. I wanted to take a moment to express my feelings and share what you mean to me.

First, I want to say thank you for always being there for me. Your support and encouragement have helped me through so many challenges. I appreciate all the love and guidance you provide every day.

I also cherish the special moments we share together, like [mention a specific memory or activity you enjoy]. Those memories make me smile and remind me of how lucky I am to have you as my parents.

Sometimes I know I may not say it enough, but I love you both so much. You inspire me to be the best version of myself and to follow my dreams. Thank you for everything you do. I am grateful for our family and all the love we share.

With all my love, [Your Name]