

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Date]

Dear Mom and Dad,

I hope this letter finds you in good health and high spirits. I wanted to take a moment to share some thoughts with you.

[Body of the letter - Share updates, express gratitude, or ask questions related to your life.]

Thank you for everything you do for me. I appreciate your love and support.

Looking forward to hearing from you soon.

Sincerely,

[Your Name]