

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Date]

Dear Mom and Dad,

I hope this letter finds you well. I am writing to say I am really sorry for [specific action or behavior]. I realize that what I did was wrong and may have hurt your feelings or disappointed you.

I understand that [describe the impact of your actions, if applicable]. I promise to do better in the future by [mention how you plan to change or improve].

Thank you for your understanding and for always being there for me. I love you both very much.

Sincerely,

[Your Name]