

[Your Name]
[Your Address]
[City, State, ZIP Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, ZIP Code]

Dear [Recipient's Name],

I hope this letter finds you in good spirits.

I am writing to you today with the intention of seeking forgiveness and cleansing any negative karma that may exist between us.

[Reflect on specific actions or situations that may have caused harm.]

I acknowledge the impact of my actions and I sincerely apologize for any pain I may have caused you. It was never my intention to hurt you, and I take full responsibility for my behavior.

Moving forward, I am committed to making amends and learning from this experience. I want to ensure that our future interactions are rooted in positivity and mutual respect.

Thank you for taking the time to read this letter. I hope we can move towards healing and understanding.

Warm regards,

[Your Name]