[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Consulate/Embassy Name] [Consulate/Embassy Address] [City, State, Zip Code] Dear [Consular Officer's Name/ "To Whom It May Concern"], I am writing to express my intent to apply for a J-1 Visa under the [specific program name, e.g., "Internship Program"] to participate in [briefly describe the program, including location and duration]. I am currently [your current status, e.g., "a student at XYZ University, majoring in ABC"]. I believe that participating in this program will provide me with essential skills and experiences that align with my career goals in [your field/industry]. Attached to this letter, you will find my completed application form, proof of program acceptance, financial documentation, and any other required supporting documents. Thank you for considering my application. I look forward to the opportunity to contribute to and learn from this valuable experience. Sincerely,

[Your Signature (if sending a hard copy)]

[Your Printed Name]