

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient Name]  
[Agency/Organization Name]  
[Agency Address]  
[City, State, Zip Code]

Dear [Recipient Name],

I hope this letter finds you well. I am writing to express my interest in applying for food stamp benefits, as I am currently facing challenges that make it difficult to secure adequate nutrition for myself and my family.

Due to [briefly explain your situation, e.g., job loss, medical expenses, etc.], I find myself in a position where my financial resources are limited. As a result, I am unable to afford the basic groceries needed to maintain a healthy diet.

I understand the importance of these benefits and the role they play in supporting families during tough times. I would appreciate any assistance you could provide regarding the application process, eligibility requirements, or any necessary documentation I may need to provide.

Thank you for your time and consideration. I look forward to your prompt response.

Sincerely,

[Your Name]