

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Position]
[Gym Name]
[Gym Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to suggest a workshop that I believe would be a great addition to your gym's offerings. The proposed workshop, titled "[Workshop Title]," would focus on [briefly describe the workshop's focus, e.g., strength training techniques, nutrition planning, etc.]. I believe this workshop could attract both current members and new clients, ultimately benefiting the gym.

[Include a brief outline of the workshop, such as duration, target audience, and key benefits.]

I look forward to discussing this suggestion further and exploring how we can make this workshop a success. Thank you for considering my proposal!

Best regards,

[Your Name]