[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Gym Name] [Gym Address] [City, State, Zip Code] Dear [Gym Manager's Name], I hope this letter finds you well. I am writing to formally request an upgrade to my current gym membership. My membership ID is [Your Membership ID]. I have been a member since [Your Membership Start Date] and have thoroughly enjoyed the facilities and services offered. After careful consideration, I believe that upgrading to [Desired Membership Level] will better suit my fitness goals and allow me to make full use of [specific facilities or services]. I would appreciate your guidance on the process for upgrading my membership and any additional fees that may apply. Thank you for your assistance. I look forward to your prompt response. Sincerely, [Your Name]