[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] Jyothi [Last Name] [Her Address] [City, State, Zip Code] Dear Jyothi, I hope this letter finds you well. I wanted to follow up regarding [specific topic or event] that we discussed on [date of discussion]. [Include any relevant updates or additional information here.] I look forward to hearing your thoughts on this. Thank you for your time! Best regards, [Your Name] [Your Position, if applicable]