[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Hey [Recipient's Name],

I hope this letter finds you well! I just wanted to take a moment to catch up and share a few updates from my side.

[Insert personal anecdotes, news, or shared experiences here.] By the way, have you heard about [mention any interesting news or an event]? I think it would be awesome for us to [suggest an activity or meetup].

Let me know how you've been and if you have any plans coming up. I can't wait to hear back from you!

Take care,

[Your Name]