[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient Name] [Department Name] [Office Address] [City, State, Zip Code] Subject: Adjustment of Food Stamp Benefits Dear [Recipient Name], I hope this letter finds you well. I am writing to formally request an adjustment to my food stamp benefits due to [briefly explain the reason for the adjustment, e.g., a change in income, household size, or expenses]. My case number is [Your Case Number], and I have been a recipient of food stamp benefits since [Start Date of Benefits]. Since my last review, my circumstances have changed, and I am seeking to update my information to ensure I receive the appropriate level of assistance. [Provide specific details regarding the changes in your situation, including any relevant documentation attached, such as income statements, medical bills, or proof of household size.] I kindly ask that you review my case and make the necessary adjustments as soon as possible. Thank you for your attention to this matter. I appreciate your help and support. Sincerely, [Your Name] [Your Signature (if sending a hard copy)]