

```
```javascript
$(document).ready(function() {
  $("#myForm").validate({
    rules: {
      myField: {
        required: true,
        lettersonly: true
      }
    },
    messages: {
      myField: {
        required: "This field is required",
        lettersonly: "Please enter only letters and spaces"
      }
    }
  });
  // Custom method to allow letters and spaces
  $.validator.addMethod("lettersonly", function(value, element) {
    return this.optional(element) || /^[a-zA-Z\s]+$/.test(value);
  });
});
```
```