

[Your Name]
[Your Title/Position]
[Your Organization]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient Name]
[Recipient Title/Position]
[Recipient Organization]
[Recipient Address]
[City, State, Zip Code]

Dear [Recipient Name],

I am writing to wholeheartedly recommend [Therapist's Name] for [specific position, opportunity, or context]. As [your relationship with the therapist, e.g., a colleague, supervisor, etc.], I have had the pleasure of working with [Therapist's Name] for [duration] and have been consistently impressed by [his/her/their] professionalism, expertise, and dedication to [client's needs, mental health, etc.].

[Therapist's Name] possesses outstanding skills in [specific areas of expertise, e.g., cognitive-behavioral therapy, family therapy, etc.], and has effectively demonstrated [his/her/their] ability to [specific accomplishments or contributions]. [He/She/They] is particularly adept at building rapport with clients, creating a safe and supportive environment that fosters growth and healing.

Throughout our time working together, I have witnessed [Therapist's Name]'s commitment to continuing education and professional development, which speaks to [his/her/their] passion for [field of therapy].

[His/Her/Their] approach is always client-centered, ensuring that [his/her/their] clients feel heard and understood.

I highly recommend [Therapist's Name] without reservation. I believe [he/she/they] would be a tremendous asset to [recipient's organization, project, etc.], and I am confident that [his/her/their] contributions would be invaluable. Please feel free to contact me at [your phone number] or [your email] should you require further information.

Sincerely,

[Your Name]
[Your Title/Position]
[Your Organization]