[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Recipient's Name]
[Inmate's Address/Facility Name]
[City, State, Zip Code]
Dear [Inmate's Name],

I hope this letter finds you well. I wanted to take some time to reach out and share my thoughts with you during this challenging period. [Insert personal thoughts, encouragement, or updates about your life and mutual connections.]

Remember that you are not alone, and I am here for you. If you need to talk or share your feelings, I am always willing to listen.

Take care of yourself, and I look forward to hearing from you soon.

Warm regards,

[Your Name]