

[Your Name]  
[Inmate ID]  
[Facility Name]  
[Facility Address]  
[City, State, ZIP Code]  
[Date]

Dear Family,

I hope this letter finds you all well. It's been a while since I last wrote, and I wanted to take a moment to reach out and share a bit about what's been going on with me.

[Update on daily life, feelings, or thoughts about time in the facility]  
I think about you all often and miss you dearly. [Share a specific memory or message to individual family members if desired]. It brings me comfort to know that you are out there supporting me.

I'm trying to stay positive and make the best of my situation. [Mention any activities you are participating in, like classes or programs]. I am focusing on [personal growth or goals you are working on].

Please give my love to everyone, and let them know I'm thinking of them. I look forward to the day when we can be together again.

Take care of yourselves, and please write back when you can.

With all my love,

[Your Name]