

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Title]
[Department or Organization Name]
[Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally appeal the conditions at [Name of Jail/Correctional Facility] where I am currently incarcerated. It has come to my attention that the living conditions are significantly impacting the well-being and mental health of inmates.

[Briefly describe specific issues, such as overcrowding, lack of access to medical care, inadequate nutrition, unsanitary conditions, etc.] These conditions violate our basic human rights and contradict the standards set forth by [mention any relevant laws, regulations, or guidelines]. I urge you to investigate these matters to ensure that humane conditions are upheld and that the rights of all inmates are respected.

I appreciate your attention to this urgent matter and look forward to your response.

Sincerely,

[Your Name]

[Inmate ID Number, if applicable]

[Signature, if sending a hard copy]