```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Facility Name]
[Facility Address]
[City, State, Zip Code]
Dear [Recipient's Name],
I hope this letter finds you well. I wanted to reach out to you during
this challenging time to offer my support and let you know that you are
in my thoughts.
[Insert personal message, memories, or words of encouragement.]
I believe in your strength and resilience, and I am here for you. If you
feel comfortable, please write back when you can.
Take care of yourself.
Sincerely,
```

[Your Name]