

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Instructor's Name]
[Yoga Studio/Organization Name]
[Studio Address]
[City, State, Zip Code]

Dear [Instructor's Name],

I hope this message finds you well. I am writing to express my gratitude and share my feedback regarding the recent Iyengar workshop I attended on [Date of Workshop].

Firstly, I want to commend you for [specific aspect of the workshop, e.g., the clarity of instructions, the supportive atmosphere, etc.]. Your ability to [specific skill or approach] made a significant impact on my practice.

One of the highlights for me was [specific aspect or segment of the workshop]. I found it particularly beneficial because [reason why it was beneficial].

Additionally, I appreciated [mention any particular tools, resources, or techniques that stood out]. This has inspired me to [how you plan to apply what you learned].

However, I would like to suggest [any constructive feedback, if applicable]. For instance, [specific suggestion] could enhance the experience for future workshops.

Overall, the workshop exceeded my expectations, and I am looking forward to [any future workshops, classes, or continued engagement]. Thank you once again for your dedication and passion for teaching Iyengar yoga.

Warm regards,

[Your Name]
[Your Contact Information]