

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well.

I am writing to express my heartfelt appreciation for [specific reason for appreciation, e.g., your guidance during my recent yoga practice]. Your expertise and passion for Iyengar yoga have greatly influenced my journey and understanding of the practice.

[Include a personal story or example that highlights the impact of the recipient's influence on you or your practice.]

Thank you once again for your dedication and support. I look forward to continuing my journey in Iyengar yoga under your guidance.

Warm regards,

[Your Name]