

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear Family,

I hope this letter finds you well. I wanted to take a moment to provide you with an update regarding our IVF journey, specifically about the recent embryo transfer we underwent.

On [date of transfer], we transferred [number of embryos transferred] embryos at [clinic or hospital name]. The procedure went smoothly, and the medical team was very optimistic about the outcome. We are feeling hopeful and are taking everything one day at a time.

Currently, I am focusing on self-care and resting as we await the results. We will know more after [date for testing], when we will take a pregnancy test to check for any positive results. Your love and support have meant the world to us during this process, and we are grateful to have you by our side.

We appreciate your continued encouragement and understanding as we navigate this journey. We will keep you updated as we learn more.

With love,
[Your Name]