

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Clinic/Hospital Name]
[Clinic/Hospital Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this message finds you well. I am writing to request an appointment for the insertion of an intrauterine device (IUD) as a form of contraception. After considering my options and discussing my family planning needs, I believe that this would be the most suitable choice for me.

I would appreciate any information regarding the procedure, potential costs, and any necessary preparations I should make prior to my appointment.

Please let me know your available dates and times so I can schedule the appointment at your earliest convenience.

Thank you for your assistance.

Sincerely,

[Your Name]