[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Healthcare Provider's Name] [Clinic/Hospital Name] [Clinic/Hospital Address] [City, State, Zip Code] Dear [Healthcare Provider's Name], I hope this message finds you well. I am writing to inquire about the availability of IUD insertion services at your facility. I am interested in exploring this contraceptive option and would appreciate any information regarding the process, costs, and scheduling an appointment. Thank you for your attention to this matter. I look forward to your prompt response. Sincerely, [Your Name]