

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Clinic/Hospital Name]
[Clinic/Hospital Address]
[City, State, Zip Code]

Dear [Doctor's Name],

Subject: Request for Intrauterine Device (IUD) for Fertility Control

I hope this letter finds you well. I am writing to formally request the insertion of an intrauterine device (IUD) as a method of fertility control. After considering my options and discussing them with trusted sources, I believe that an IUD is the most suitable choice for my situation.

My medical history includes [briefly outline relevant medical history, if applicable], and I have no contraindications as per my understanding. I am particularly interested in [specify if you prefer a hormonal or copper IUD], and would appreciate any guidance you can provide regarding this procedure.

Please let me know the next steps for scheduling an appointment for the consultation and IUD insertion at your convenience. I look forward to your response.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]