

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient Name]  
[Clinic/Hospital Name]  
[Clinic/Hospital Address]  
[City, State, Zip Code]

Dear [Recipient Name],

Subject: Request for IUD Application

I hope this letter finds you well. My name is [Your Name], and I am writing to formally request an appointment for the insertion of an Intrauterine Device (IUD) as a form of contraception.

After careful consideration and research, I believe that an IUD is the most suitable option for my reproductive health needs. I would like to discuss my medical history and any potential concerns during my appointment.

Please let me know the available dates and times for this procedure. I appreciate your assistance and look forward to hearing from you soon.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]