

****Subject:** Important Notification: Change in Heart Rate Monitoring**

****Dear [Recipient's Name],****

We would like to inform you of an update regarding your heart rate monitoring.

****Current Heart Rate:** [Current Rate] bpm**

****Threshold Limit:** [Threshold Limit] bpm**

****Notification Triggered:** [Date & Time]**

****Details:****

- Your heart rate has [exceeded/fallen below] the threshold limit.
- Please consult with your healthcare provider if you have any concerns.

****Action Required:****

- [Describe any required action, if applicable]

For any further information or support, feel free to contact our team at [Contact Information].

Thank you,

[Your Name]

[Your Position]

[Your Organization]

[Contact Information]

[Date]