

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Doctor's Name]  
[Doctor's Office/Clinic Name]  
[Office Address]  
[City, State, Zip Code]

Dear [Doctor's Name],

Subject: Hypertension Follow-Up Appointment

I hope this message finds you well. I am writing to schedule a follow-up appointment regarding my hypertension management. I would like to discuss my recent blood pressure readings and any recommended adjustments to my treatment plan.

Please let me know your available dates and times for this appointment.

Thank you for your continued care and support.

Sincerely,

[Your Name]

[Your Patient ID (if applicable)]