

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient Name]
[Recipient Address]
[City, State, Zip Code]

Dear [Recipient Name],

Subject: Hypertension Diagnosis

I am writing to inform you of my recent diagnosis of hypertension, as per the medical evaluation conducted on [date of diagnosis]. The assessment indicated that my blood pressure readings have consistently been above the normal range, specifically measuring [insert specific readings, e.g., 140/90 mmHg].

Following the diagnosis, my healthcare provider, [Doctor's Name], has recommended a treatment plan that includes [briefly outline treatment or lifestyle changes recommended, e.g., medication, diet changes, exercise]. I will be regularly monitoring my blood pressure and adhering to the prescribed plan to manage my condition effectively.

Please let me know if you require any further information or documentation regarding my diagnosis and treatment.

Thank you for your attention to this matter.

Sincerely,

[Your Signature (if sending a hard copy)]

[Your Printed Name]