[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear Mom and Dad,

I hope this letter finds you both in great health and high spirits. I've been thinking about you a lot lately, and I wanted to take a moment to express how much you both mean to me.

First, I want to thank you for everything you've done for me over the years. Your love, guidance, and support have shaped who I am today. I cherish the memories we have created together, from family vacations to simple dinners at home.

I cherish our time together and always look forward to our visits. I can't wait to catch up on all that's been happening, and I'd love to hear your stories and experiences lately. I feel like I learn so much from hearing about your life.

If there's anything you need or anything I can do to make things easier for you, please let me know. Your happiness and well-being are my top priority, and I want you to feel supported and cared for.

Looking forward to seeing you soon!

With all my love,

[Your Name]