

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you in good spirits. I want to take a moment to express my thoughts as you navigate through this challenging time following your cancer diagnosis.

First and foremost, I want you to know how truly sorry I am to hear about what you're going through. This news can be overwhelming, and it's completely normal to feel a whirlwind of emotions--fear, anger, sadness, and confusion. Please remember that these feelings are valid, and it's okay to share them.

I admire your strength and resilience as you face this battle. You have always shown such grace and courage, and I know that these qualities will serve you well on this journey. You are not alone; I am here for you. Whether you need someone to talk to, a shoulder to lean on, or help with day-to-day tasks, I am just a call away.

I am also keeping you in my thoughts and prayers. I believe in your ability to fight this illness with everything you've got. Your spirit shines so brightly, and I have every faith that you will meet this challenge head-on.

Please take care of yourself during this time. Allow yourself to rest and heal. Don't hesitate to reach out if there's anything you need or if you simply want some company.

With all my love and support,
[Your Name]