

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you in good spirits. I wanted to take a moment to talk about something that can often feel challenging to address, but I believe is important for us to discuss.

As we navigate through life, there are moments when we may need to consider our wishes and feelings about the future, especially when it comes to end-of-life matters. I want you to know that I care deeply about you and your well-being, and it's important to me to have an open and gentle conversation about this topic.

I believe that discussing our wishes, preferences, and any concerns we may have can bring peace of mind to both of us. It helps ensure that our loved ones understand our desires and can support us in the way we wish. If you feel comfortable, I would love to sit down and talk with you about this. We can share our thoughts and feelings, and I promise to approach the conversation with sensitivity and compassion. Please know that there is no rush, and we can take this at a pace that feels right for you.

Thank you for considering this. I cherish our relationship and believe that having these kinds of conversations only strengthens our bond.

With all my love and support,
[Your Name]