```
[Your Address]
[City, State, Zip Code]
[Date]
Dear [Friend's Name],
[Opening Paragraph: Start with a friendly greeting and ask about their well-being.]
[Body Paragraph 1: Share personal updates or experiences.]
[Body Paragraph 2: Ask about their life or recent events in their life.]
[Closing Paragraph: Offer your thoughts or plans for the future, and invite them to respond.]
Take care,
[Your Name]
```