

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Date]

[Recipient's Name]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you in a peaceful moment. I've been thinking about you a lot lately and wanted to reach out from my heart to yours. I understand that sometimes life can get overwhelming, and it's easy to feel lost or alone. I want you to know that you're not alone; I am here for you. I miss our conversations and the connection we shared.

If you feel comfortable, I would love to hear from you. No pressure at all. Your well-being is what matters most to me, and I respect your space.

Whenever you're ready, I'm here, cheering you on from afar.

Take care of yourself.

With warmth,

[Your Name]