

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Date]  
[Family Member's Name]  
[Their Address]  
[City, State, Zip Code]

Dear [Family Member's Name],

I hope this letter finds you well. I've been thinking about our last interactions, and I wanted to reach out because I feel there's been a distance between us that I would like to address.

I've noticed that we haven't connected in a while, and it's been weighing on my mind. I genuinely value our relationship, and not hearing from you has left me feeling [describe your feelings: confused, hurt, worried, etc.].

If there's something on your mind or if I've done anything to contribute to this distance, I would really appreciate the chance to understand and talk about it. It is important to me to maintain our bond and communicate openly.

I miss the times we've shared, and I would love to reconnect when you feel ready. Please know that I'm here for you, and I would be happy to listen and support you in any way you need.

Take your time, and hopefully, we can find a way to bridge this gap.

Warm regards,

[Your Name]