Dear [Name],

I hope this message finds you well. I wanted to take a moment to express my thoughts and feelings regarding our recent communications. I believe it is important to be honest about where I stand.

While I have appreciated our time together, I've been reflecting on our relationship and feel that it may be best for us to part ways. This decision has not come lightly, but I believe it is necessary for both of us to find our respective paths.

I genuinely wish you all the best in your future endeavors and hope you find happiness.

Take care,
[Your Name]