[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Doctor's Office/Clinic Name] [Office Address] [City, State, Zip Code] Dear [Doctor's Name or Receptionist's Name], I hope this message finds you well. I am writing to request an appointment with [Doctor's Name] at your office for a consultation. I am experiencing [briefly describe your symptoms or reason for the appointment], and I believe it would be beneficial to discuss this with a medical professional. I am available on [provide two or three options for dates and times], but I am willing to accommodate your schedule as best as I can. Thank you for your attention to this matter. I look forward to your prompt response. Sincerely, [Your Name]