[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Clinic/Hospital Name] [Address] [City, State, Zip Code] Dear [Doctor's Name], I hope this message finds you well. I am writing to request an appointment for a consultation. I am available on the following days and times: [list your availability]. Please let me know if any of these times work for you, or if there are alternative slots available. Thank you for your attention, and I look forward to hearing from you soon. Sincerely, [Your Name]