

Dear [Friend's Name],

I just wanted to take a moment to let you know that I'm thinking of you. I can only imagine how tough things must be right now, but I want you to remember that you are surrounded by love and support.

You are stronger than you realize, and this challenge will pass. Use this time to rest and heal. I'm here for you every step of the way, whether it's a chat, a visit, or anything else you need.

Sending you warm thoughts and wishes for a speedy recovery.

Take care,

[Your Name]