

****Template 1: Heartfelt Support****

Dear [Friend's Name],

I want you to know how much you mean to me during this challenging time. Your strength and courage inspire me every day. Remember that it's okay to have tough days, and I'm here for you through it all.

With all my love,

[Your Name]

****Template 2: Encouraging Notes****

Dear [Friend's Name],

Your journey may feel overwhelming, but I believe in your ability to overcome this. Each day is a new step toward healing, and I am here to walk beside you. Keep holding onto your dreams; brighter days are ahead.

Thinking of you always,

[Your Name]

****Template 3: Positive Reminders****

Dear [Friend's Name],

In the midst of this storm, I want you to remember how brave you are.

Every small victory counts, and I'll be cheering you on every step of the way. Let's focus on the light and the beautiful moments that still shine through.

Much love,

[Your Name]

****Template 4: Inspirational Quotes****

Dear [Friend's Name],

"When you come out of the storm, you won't be the same person who walked in." - Haruki Murakami. You have an incredible spirit, and I'm certain that this experience will bring out even more strength in you. Always here for you.

Warmly,

[Your Name]

****Template 5: Personal Anecdote****

Dear [Friend's Name],

I remember when we faced that tough situation together, and you handled it with such grace. This is no different. You possess a unique resilience that will guide you through. Let's tackle this together and create new memories along the way.

With you always,

[Your Name]