

[Your Name]  
[Your Address]  
[City, State, ZIP Code]  
[Email Address]  
[Date]  
[Friend's Name]  
[Friend's Hospital/Facility Name]  
[Hospital/Facility Address]  
[City, State, ZIP Code]

Dear [Friend's Name],

I hope this letter finds you in good spirits. I just wanted to take a moment to reach out and let you know that I am thinking of you during this challenging time.

I can only imagine how difficult things must be right now, but I want you to remember that you are not alone. I am here for you, and so are all your friends and family who care about you deeply.

Whenever you feel overwhelmed, try to focus on the little things that bring you comfort--whether that's a favorite show, a good book, or even just the thought of all the wonderful memories we've shared. You have so many people rooting for you, and we can't wait to welcome you back.

Please take all the time you need to heal, and don't hesitate to reach out if you need anything--whether it's someone to talk to, a listening ear, or some silly stories to lighten your day.

Sending you all my love and warm wishes for a speedy recovery.

Take care,  
[Your Name]