[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title/Position] [Organization/Institution Name] [Organization Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. I am writing to formally request a deferment for [specific program, course, or loan] due to [brief explanation of your circumstances, e.g., personal reasons, health issues, financial difficulties, etc.]. I have thoroughly considered my options and believe that a deferment is necessary for me to [state reason, e.g., focus on health, financial stability, etc.]. I am committed to [explain any steps you have taken or will take during deferment]. I would greatly appreciate your understanding and support in this matter. If there are any forms or procedures I need to complete to formalize this request, please let me know. Thank you for considering my request. I look forward to your prompt response.

Sincerely,
[Your Name]

[Your Signature (if sending a hard copy)]