[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Supervisor's Name] [Company's Name] [Company's Address] [City, State, Zip Code] Dear [Supervisor's Name], I am writing to formally request a Family and Medical Leave Act (FMLA) leave of absence for [reason for leave, e.g., a serious health condition, to care for a family member, etc.]. I am requesting this leave to begin on [start date] and anticipate returning to work on [return date]. I have included [any required documentation, e.g., medical certification] to support my request. If you need any further information or documentation, please let me know, and I will be happy to provide it. Thank you for your understanding and support during this time. Sincerely, [Your Name]

[Your Job Title]