[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear [Friend's Name],

I hope this letter finds you well! I've been thinking about something that I'd love to discuss with you.

[Briefly explain the context or situation that requires consent, e.g., "As you know, I'm planning to start a project that involves..."] I want to make sure you're comfortable with [specific action or idea], and I truly value your opinion. It's important to me that we're both on the same page regarding this.

Would you mind giving me your consent to [explain what you are asking for consent for]? I believe this could lead to a great opportunity for both of us, and I'm excited about the possibility!

Please let me know what you think when you have a moment. I appreciate your support and understanding.

Thank you so much!

Warm regards,

[Your Name]