[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Friend's Name]
[Friend's Address]
[City, State, Zip Code]
Dear [Friend's Name],

I hope this letter finds you well. I wanted to take a moment to reach out to you because I know that you've been going through a tough time lately. First and foremost, I want you to know that I'm here for you. You are not alone in this, and I truly believe in your strength and resilience. [Insert a personal anecdote or memory that highlights your friendship and support.]

It's perfectly okay to feel overwhelmed and uncertain at times. I admire how you've handled everything so far, and I am here to support you in any way you need. Whether it's talking about what's on your mind, spending time together, or just being a shoulder to lean on, I'm all in.

Please remember that it's important to take care of yourself, and don't hesitate to reach out when you need someone to talk to.

You are a remarkable person, and I have no doubt that brighter days are ahead.

Take care of yourself, and don't forget that I'm just a call or message away.

With love and support, [Your Name]