```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
Dear [Friend's Name],
I hope this letter finds you in great spirits! I wanted to take a moment
to catch up and share what's been going on in my life.
[Talk about a recent event, memory, or news.]
I would love to hear how things are going with you.
Looking forward to your reply!
Best,
[Your Name]
```