```
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
Dear [Friend's Name],
I hope this letter finds you well! It's been a while since we last chatted. I wanted to catch up and share some recent happenings in my life.
[Insert a personal update, anecdote, or memory here.]
How have you been? I'd love to hear about what you've been up to lately.
Let's plan to meet up soon!
Take care and write back when you can!
Best,
[Your Name]
```