[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Phone Number] [Date] [Optometrist's Name or Eye Clinic Name] [Clinic Address] [City, State, ZIP Code] Dear [Optometrist's Name or "Eye Clinic Staff"], I hope this message finds you well. I am writing to request an appointment for an eye check-up at your clinic. Please let me know your availability for the following days: - [Option 1: Date & Time] - [Option 2: Date & Time] - [Option 3: Date & Time] If none of these times work, I am open to other suggestions. Thank you for your assistance. I look forward to hearing from you soon. Best regards, [Your Name]