[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Practice/Clinic Name] [Practice/Clinic Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this message finds you well. I am writing to request an appointment for a comprehensive eye examination. It has been [insert time since last examination] since my last check-up, and I believe it is time for a thorough evaluation of my eye health. I would appreciate it if you could provide me with available dates and times for an appointment at your earliest convenience. Thank you for your attention to this matter. I look forward to your prompt response. Sincerely, [Your Name]