[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [School/Program Name] [School/Program Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. I am writing to provide my emergency contact information as required for my participation in the exchange program. Please find my details below: **Student Information:** Name: [Your Full Name] Date of Birth: [Your Date of Birth] Program/Year: [Program Name/Year] **Emergency Contact Information:** Name: [Emergency Contact Name] Relationship: [Relationship to You] Phone Number: [Emergency Contact Phone Number] Email Address: [Emergency Contact Email Address] Address: [Emergency Contact Address if necessary] Please feel free to reach out if you require any additional information. Thank you for your attention to this matter. Sincerely, [Your Signature (if sending a hard copy)] [Your Printed Name]